

Tar Heel Van

SECOND QUARTER 2022

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AUG 21-27 BRAKE SAFETY WEEK

The Commercial Vehicle Safety Alliance (CVSA) has announced Aug. 21-27 as the dates for this year's Brake Safety Week. Brake Safety Week is an annual commercial motor vehicle brake-safety inspection, enforcement and education initiative conducted by law enforcement jurisdictions in Canada, Mexico and the U.S. During Brake Safety Week, inspectors will conduct their usual **North American Standard Level I and V Inspections** and capture and report brake-related data to CVSA. The results will be released in the fall.

Brake-related violations comprise the largest percentage of all out-of-service vehicle violations cited during roadside inspections, and according to last year's three-day International Road-check data, brake systems and brake adjustment violations accounted for 38.9% of all vehicle out-of-service violations, the most of any category of vehicle violations. To address this, CVSA's Brake Safety Week seeks to:

Identify and remove commercial motor vehicles with critical vehicle inspection violation items identified in the **North American Standard Out-of-Service Criteria** from roadways.

- Conduct inspections and identify and acknowledge commercial motor vehicles that do not have critical vehicle inspection violations by affixing those vehicles with a CVSA decal.
- Encourage proactive vehicle maintenance in advance of the week.

NCMA Board of Directors

NCMA Board of Directors

President—Mike Mather, Mather Brothers Moving, Garner

Vice-President—David Rushing, All American Relocation, Charlotte

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Kristie Allen, Two Men and A Truck, Fayetteville

Dean Barrett, City Transfer & Storage, High Point

Todd Campbell, Two Men and A Truck of Asheville

Thomas Kiser, Jr., Patterson Storage Warehouse, Fayetteville

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Travis Few, Few Moves, Wilmington

Tyler Space, Space to Space Moving, Greensboro

Michael Zlotnik, Carey Moving & Storage, Rock Hill, SC

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Nick Fincher, Stewart Moving & Storage, Fayetteville

Paula West, Covan World-Wide Moving, Fayetteville

Ex-Officio: Dru Burgin, Sells Service, Statesville



NCMA Board of Directors

Seated: Jeff Day, Acme Movers & Storage—Secretary/Treasurer; Travis Few, Few Moves; Chris Barringer, Barringer Moving and Storage; and Lucky Anneheim, Make a Move

Standing: David Rushing, All American Relocation—Vice-President; Thomas Kiser, Jr., Patterson Storage Warehouse; Paula West, Covan World-Wide Moving; Nick Fincher, Stewart Moving and Storage; Dru Burgin, Sells Service—Ex-Officio; Cliff Crabtree, Crabtree Family Moving & Storage; and Mike Mather, Mather Brothers Moving—President

Not Pictured: Kristie Allen, Two Men and Truck; Dean Barrett, City Transfer & Storage; Todd Campbell, Two Men and A Truck; Tyler Space, Space to Space Moving; Michael Zlotnik, Carey Moving & Storage

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F: 508-473-1591

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F: 803-802-9147

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Columbus, OH 43228
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Aurora, CO 80011
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F: 303-373-5202

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F: 405-943-6454

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F: 888-216-8107

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F: 623-936-5982

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St. Charles, MO 63301
P: 800-844-5244
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Liverpool, NY 13090
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F: 315-214-8348

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Tracy, CA 95304
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F: 209-229-4407

(Continued from page 1)

- Highlight the hard work and commitment to safety by inspectors, drivers and motor carriers.
- Remind drivers and motor carriers about the importance of proper brake maintenance and vehicle pre-trip and post-trip inspections.
- Provide an opportunity for outreach and educational brake-safety efforts by inspectors.

During the brake portion of a **vehicle inspection**, inspectors will look for missing, non-functioning, loose, contaminated or cracked parts on the brake system, and non-manufactured holes (such as rust holes and holes created by rubbing or friction) and broken springs in the spring brake housing section of the parking brake. They will listen for audible air leaks around brake components and lines, and ensure the air system maintains air pressure between 90-100 psi (620-690 kPa). Inspectors will also check for S-cam flip-over and measure pushrod travel. They will check that slack adjusters are the same length (from center of S-cam to center of clevis pin) and the air chambers on each axle are the same size. They will also inspect required brake-system warning devices, such as ABS malfunction lamp(s) and low air-pressure warning devices. In addition, inspectors will ensure the breakaway system is operable on the trailer, and inspect the tractor protection system, including the bleed-back system on the trailer.

In addition to reporting total inspections and brake-related out-of-service violations, inspectors will also capture and provide data on brake hose/tubing chafing violations – the **focus area** for this year's Brake Safety Week.

“Poorly maintained brake systems can reduce the braking capacity and stopping distance of large trucks and motorcoaches, which poses a serious risk to driver and public safety,” said CVSA President Capt. John Broers with the South Dakota Highway Patrol. “In those split-second emergency situations, the proper functionality of the brake systems on large commercial motor vehicles is crucial.”

Find Your Why



We all have a sweet spot where everything seems to flow, and we feel happy, competent, and in sync with everything around us.

Finding your why isn't easy. The quandary is that it lies entirely within us. The dilemma over what we want, what we need, and what we want people to believe we are is a mental melee that is occasionally hard to distinguish. We incessantly search for that person or thing that will transform our lives. For some, it's about buying things they don't need, with money they don't have, to impress people they don't even like. The good news is that we can redefine goals, which ultimately helps us learn, grow and lead.

“If you’re searching for someone who will change your life, look in the mirror.”

As we search to discover our sweet spot, we will experience the winds of disappointment, despair, and heartbreak, but where we arrive at the end of our journey will be up to us. The rich

“Nothing happens to us; it happens for us.”

When the winds change, we must change. We have to reset the sail (how we think and respond) in a manner that will steer us in the direction of our own deliberate choice. How quickly we can refocus our attention and respond to adversity is far more critical than the adversity itself. We must amend how we define success and realize that it isn't something you acquire or achieve. Success is the journey you take your whole life. It is defined by your ability to control the process of your

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Finding your why is a course that involves finding your sense of belonging, reaching out to others, becoming a part of a community, and ultimately contributing to your sense of place. When you find your why you will feel nourished, encouraged, and supported by the surroundings, and you will feel a sense of peace, contentment, and happiness that emerges from every turn you take.

Reflect on where you are and determine where you want to be. It's time to find your why, to begin *Making a Difference and to Enjoy The Ride!*



The advertisement features a white Kentucky Trailer box truck on the left. The background is a collage of historical documents and a large wooden wagon wheel. The text is arranged in a clean, professional layout with a mix of bold and italicized fonts.

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"Built KT Strong"

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I Don't Want to Touch That!

How many times have you surveyed a future client's home and thought, **"I don't want to touch that?"** Pool tables, TV's on the wall, exercise equipment, pianos, fine art, chandeliers, safes, connected appliances...the list goes on and on and on. By not "touching that" you are also "not touching that" revenue stream that can truly help your bottom line. Nor are you providing the most complete moving solution to your clients.

3rd Party Service Providers can be a liaison to your fair share of that lost revenue. Many consumers will need 3rd Party Services at both origin and destination. To make the most of this opportunity, it is valuable to know how 3rd Party Service companies can help your client's overall move experience to be the best possible.

See a [complete list](#) of services *here* to get your wheels turning.

There are a limited number of qualified 3rd Party Service companies that can cover the entire United States. Relo Solutions Group, MSS & CMS are among these companies. It is recommended that you have two of these providers on speed dial. One primary provider and a backup just in case your primary cannot cover a job.

Most consumer complaints and insurance claims are initiated due to a problem that is discovered at the destination. Proper packaging/custom crating can help to avoid time consuming and energy draining expensive problems.

All types of items need to move, 3rd Party Providers will step in and do the job on your behalf and if requested also provide a booking commission to you for doing so. The net result to your organization will be better reviews, more client referrals, solid BBB ratings and to ultimately make more money.





[Crabtree Family Moving & Storage](#), based out of Raleigh, North Carolina, hosted a fill-a-truck food drive and fundraiser that raised 8,100 lbs of food!

Move For Hunger's [fill a truck food drives](#) work like this: we set up a moving truck in the parking lot of a grocery store and challenge the community to donate enough non-perishable items to fill the entire trailer.

The fill a truck food drive event that Crabtree Family Moving & Storage hosted started at the end of April and ended in mid-May. During this time of a little over a week, multiple local movers, businesses, and other non-profit organizations got involved by participating or donating to the food drive!

This was Crabtree Family Moving & Storage's first event with Move For Hunger, and they started strong! With the food collected from the fill a truck food drive, they could provide 6,750 meals!

The food drive was held at Crabtree Family Moving & Storage office but ended at a local brewery. We appreciate it when local businesses participate in efforts to end hunger!

The donated food was transported to the Food Bank of Central & Eastern North Carolina, located in Raleigh, North Carolina. With Over 1,417,440 food insecure individuals in the state of North Carolina, every effort counts!

We're unbelievably thankful for Crabtree Family Moving & Storage's efforts to help in our fight against hunger. If you're interested in making an impact, you can host a food drive with Move For Hunger or become a monthly donor!



In Memorium: Jeff Day

Jeffrey Edward Day, 54, of Newport, passed away Monday, July 18, 2022, at Carteret Health Care.

There will be a gathering of friends and family from 6 p.m. until 8 p.m., Friday, July 22nd, at Munden Funeral Home in Morehead City.

Jeffrey was born on May 10, 1968, in Statesville, North Carolina to the late Ralph and Brenda Day. To say he was a hard worker is an understatement. Jeffrey was Secretary Treasurer for the North Carolina Movers Association. One of his past times was his love of model trains, he was quite the enthusiast. Jeffrey also loved fishing and always looking for the next BBQ hot spot. Nothing compared to spending quality time with his boys and you never knew what they had up their sleeve next. He will be cherished as a loving husband of over 20 years and a wonderful father.

He is survived by his loving wife, Susan Spear Day; sons, Jesse Spear of Newport and Joshua Day of Newport; his favorite house cat Ollie; and dog, Diesel.

As an expression of sympathy, flowers are welcome.

Family and friends are welcome to submit online condolences at www.mundenfuneralhome.net



In Memorium: Rick Curry

Rick Curry passed away suddenly on June 18. Rick was the first winner of the Distinguished Service Award of the North Carolina Movers Association in 2012. He was a long-time sponsor of our association before his retirement from Gateways International.



Rick was very active in the industry. He was the Chairman of the International Association of Movers and was awarded their Hall of Honor in 2018. He continued to serve IAM, even after retirement, serving as Chair of their Ethics Council and co-chair of their Looking Back Project, documenting IAM's history.

Rick worked at Davidson Forwarding, NorthAmerican Van Lines, Global International, Global Worldwide before joining Gateways International

Rick was friend to all in the industry and was active in several state associations and the National Council of Moving Associations.

He will be missed by all those who knew him.

Now More Than Ever, It's Essential to Have Digital Boundaries!

Do you remember the days when you worked your shift, logged out, and then returned the next day to check your inbox? Then came the smartphone, and your emails snuck into your pocket after hours. Then WhatsApp groups popped up, sharing even more information, Dm's, private messages, comments, and facetime on your time crept in. Whether you are a free-lancer or work within an organization, there is no escaping these issues that we face today that we did not have over a decade ago.

Managing expectations It is unrealistic to respond, reply, and give your energy to every notification that pops onto your screen. You may feel you “have to” respond, but you have permission to say no and take back your power. You do not have to give a reason. You can leave WhatsApp groups, decline to check emails after working hours, or put an “out of the office” on your email, and you do not owe anyone a reason for this. Here are some quick tips to help you get started with setting your digital boundaries:

Turn off notifications. Schedule downtime. Have your phone screen set up to shut off from 8 pm until 7 am. So, all your apps shut off, and you get no notifications.

Take back your morning. Don't check your phone within the first hour of waking up.

Make your to-do list before checking emails. Don't spend your day responding to others; get your work done first and then check your emails.

Be assertive. If you open someone's message, maybe give them a quick “I have seen your message and will message you back after work, etc.”

Delete apps off your phone. Apps are created to be addictive, so get rid of them.

Do not disturb. Use the do not disturb feature on your phone, especially when you have a meeting or struggling with procrastination. Don't be afraid to leave group chats. See how lighter you feel when you remove yourself from the group chats. You will find that the majority of people respect your digital boundaries—the ones who don't are usually people who have poor boundaries themselves. When you set a boundary, you feel empowered and more independent. Your digital boundaries can be flexible, too; just go with what feels suitable for you and listen to your gut. Remember, boundaries are not about building a wall around you; they are here to help us.






Source: CAM via excerpts from a blog by Catherine Carton, Dublin, Ireland



MOVING SCAMS ARE ON THE RISE

If you hire the wrong moving company, you are at risk of your property being held for ransom, damaged, dumped or stolen; the company might not show up on moving day.

Before you hire a mover if you see any of these red flags, you are in a position where you can - and should - bail out.

1.  Quotes that have not been verified using a visual inspection of the goods, either in person or virtually.
2.  Confusing words or too many conditions for moving in initial quotes.
3.  Street address for the company should be on their website, paperwork and correspondence, and should be an office address.
4.  Movers who demand wire money via electronic/digital transfers, cash or a large deposit before the move.
5.  A very large number of 5-star, online, positive reviews, potentially indicating friends and employees have provided the reviews or the review service was purchased.

The best way to avoid moving nightmares is to research your mover before hiring them. Contact the North Carolina Movers Association to find out about the mover you want to hire.



www.ncmovers.org 800-325-2114



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Neil Nepiarsky



Kasey Marvin

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For over a century, New Haven has been a national leader in manufacturing and designing well-engineered products for the moving & transportation industry.

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Our unequaled experience and decades of product innovations allow us to offer you the very best quality and pricing.

RENOWNED SERVICE

As you will experience at New Haven, customer service is not simply a slogan but is at the heart of who we are. Many of our salespeople and managers have been in the industry for decades and know first hand the challenges and unique needs of professional movers. When you call us or enter our New Haven locations, you can count on expert support, customized solutions, prompt & friendly service, fast turn-around and prompt deliveries. You matter to us, and so does your time. Since 1911, we have been putting our customers first.



CONTACT US

To contact or visit our Greenville
Distribution Center for outstanding service

Kasey Marvin
Operations Manager
(864) 485-6800
360 Mayfield Road
Duncan, South Carolina. 29334

To call or contact our Sales Manager,
Neil Nepiarsky
NeilNepiarsky@newhaven-usa.com
(864) 804-7967



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LIFTVAN

D Container



100 Cube

200 Cube



50 Cube

10 high for shipment



- Set up / knock down in minutes
- Easily stores flat • Stack-able
- Heat Treated Wooden Skid
- 87x47x87
- Splinter free (splinters are the biggest worker comp issue associated with wood liftvans.)

MULTI PICTURE-CRATE



Strong and excellent in absorbing vibration and shock. no assembly is required, and is made to be reusable for at least one season; making this crate ideal for the transport of pictures and mirrors.

Eliminate wood and save packing time with the re-usable MP40 Crate.

- Standard sizes: 48" x 24" x 40"
- Rapidly pack picture frames, glass, marble table tops.
- Center dividers slide out for wider space for plasma TVs
- Custom sizes are available
- Sample upon request

The MP40 is designed to stack 2 high or side by side for easy truck storage. MP40 is built w/durable bottom tray and any crate component can be replaced for optimal durability.



- Patented armor fiberboard-corr sidewalls for high-impact and stacking strength.
- Side impact protection
- Full tip-over protection
- Fast to pack - Fast to unpack.
- Distribution centers across the US and Europe

PLEATWRAP

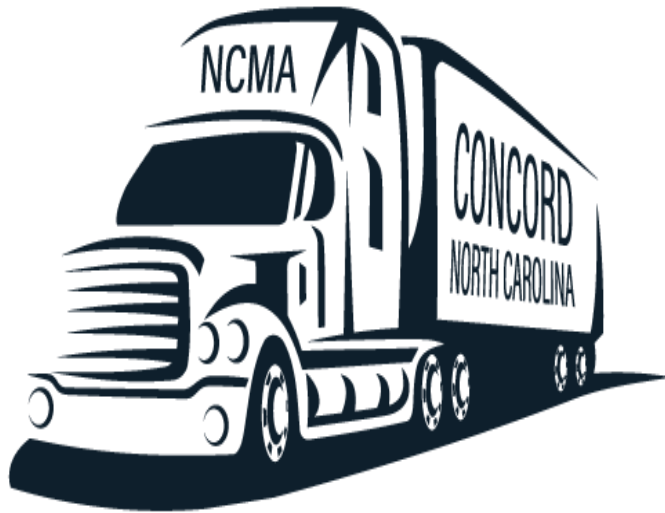
PleatWrap Furniture wrap
Heavy Duty: 48"x 250'
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Printing Available up to 2 Color



PleatWrap is a durable for furniture wrapping. It has thick outer layers for outstanding corner protection with an inner pleated paper layer creating a thick all-paper barrier of protection. PleatWrap is flexible, adheres to tape well, and is easy to use.

MOVERS MOVING FORWARD

OCTOBER 13-15, 2022



The 66th Annual Convention and Trade Show for the North Carolina Movers Association will be held October 13-15 at the Embassy Suites/Concord Golf Resort and Spa.

The Convention Committee is hard at work to make this convention a great one!

Look for more details as they come available.

You can get the Member Packet, Sponsor Packet, Golf Registration form and the Nomination Form for the NCMA Awards on our website, www.ncmovers.org. Just scroll down.

If you need more information, please contact the Association office!

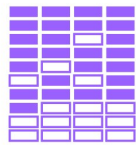
CYBER HYGIENE BEST PRACTICES



As cyberattacks become more frequent and severe, it's increasingly important for organizations to practice good cyber hygiene — habitual practices ensuring critical data and connected devices are handled safely — to minimize their exposure to risk. Some consequences of poor cyber hygiene include:



Security breaches



Data loss



Software vulnerabilities



Antivirus weaknesses

The following are essential parts of cyber hygiene:



Passwords — Users should create strong and complex passwords, and avoid sharing passwords or using the same password across different accounts.



Security software — A high-quality antivirus software can perform automatic device scans to detect and remove malicious software and provide protection from various online threats and security breaches.



Data backups — Essential files should be backed up in a separate location, such as on an external hard drive or in the cloud.



Firewalls — Organizations should have a network firewall to prevent unauthorized users from accessing company websites, email servers and other sources of information.



Multi-factor authentication — Important accounts should require multi-factor authentication to limit the opportunity for cyber-criminals to steal data.



Employee education — Workforce cybersecurity education is essential to teach employees to identify phishing attacks, social engineering and other cyberthreats.

Daily routines, good behaviors and occasional checkups can make all the difference in ensuring an organization's cyber health is in optimal condition. For additional risk management guidance, contact us today.



The United Brokerage Liftvan, has outstanding characteristics for ease of use, reusability, and water resilience. It is designed to meet overseas shipping requirements.

- This Liftvan reduces approximately 50% of the vibration as compared to wood.
- Total weight 160 lbs empty....Saves up to 200 pounds in shipping weight.
- The Liftvan takes only one person to set up for loading in approximately 5 minutes.
- There are no nails or hammering, just strapping.
- Unloading is performed by removing the long strapping and opening the doors at either end. (always keep one set of doors closed at all times)
- The Liftvan can be easily knocked down for storage.
- The Liftvan is recyclable.
- Heat Treated 4-Way forklift entry standard
- SDDC Approved



PACT's Liftvan supports 2,000 pounds and stacks three high!

Type 1 Liftvan
SDDC240 Type II available
50, 100, 200 and 300 cube
liftvans in stock



- Set up / knock down in minutes
- Easily stores flat • Stack-able
- Heat Treated Wooden Skid
- 87x47x87 • Shroud Available
- Splinter free (splinters are the biggest worker comp issue associated with wood liftvans.)
- Weighs 160Lbs. (200Lbs. less weight compared to wood)



North Carolina Public Staff Transportation Rates Division

The Public Staff represents the interests of consumers with public utilities regulated by the NC Utilities Commission.



The Transportation Rates Division monitors and regulates household goods carriers (moving companies), as well as privately owned and operated busses & ferries.

The Public Staff of the NC Utilities Commission is now on Twitter. Follow them at NCPUBLICSTAFF. They've got some good information that you can share. They are also posting fuel surcharge updates. And they retweeted our video about illegals!

Latest newsletters from the International Association of Movers can be found here:

<https://bit.ly/3dubAQ4>



**IAM: THE NEXT
SIXTY YEARS**



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Put the **choice** in the hands of the consumer



Now, businesses can significantly lower or eliminate their merchant processing costs.

ConsumerChoice displays dual-pricing on the terminal, giving the consumer a clear choice for their payment method. The displayed card price includes the cost of payment acceptance.



Card Price



Cash Price

Ultimate Savings Across the Board



Businesses choose to pass some or all of the cost of acceptance to the consumer



Empower consumers with the choice to select cash or card



Eliminate or lower processing costs



Smart Savings



No Contract



Free Same Day Funding



Low-cost Program Fee

✔ EMV, NFC, contactless payments and more

✔ Wi-Fi and wireless mobile capabilities

Discover How Much You Can Save

Josh Gibson | 708-710-0120 | Josh.Gibson@Payrocofchicago.com |

Bring more power to your fleet.

Check out the Quarles OTR card.

At Quarles, we understand that quick, convenient fueling is a must for your business. That's why we provide access to premium diesel wherever the journey takes you. Use your fuel card or Q-Card to skip the lines and fill up at one of our 115+ commercial fueling stations, or tap into a nationwide truck stop network. Our commitment to quality brings you:

Better Products

- Premium diesel
- Diesel Exhaust Fluid (most stations)
- Off-road fuel and biodiesel (select locations)

Faster Fueling

- High-speed dispensers and satellite pumps
- Wide fueling lanes
- Fueling sites exclusive to commercial vehicles
- 24/7/365 access

Flexible Card Options

- Wide acceptance of fuel cards
- Q-Card options with exclusive benefits
- Cash price at truck stops

Smarter Decisions

- Reporting and price notifications
- Online account management
- Security alerts and card limits
- GPS tracking

Setting you up with a fuel solution couldn't be easier.
Get \$250 off when you become a Quarles fuel card customer.

Contact Mike Goheen at 804-298-5383 or
mgoheen@quarlesinc.com.





We are excited to invite the moving and storage community to Washington D.C. for the 2022 ATA [Moving & Storage Conference Call on Washington](#) – scheduled for September 19-21. The event will bring together industry experts in moving and storage to speak on important issues in committee meetings, as well as in meetings with members of congress. [View the full schedule of events.](#)

This meeting provides MSC members a unique value to capitalize on their membership and ensure their company's interests are well-represented. MSC's Call on Washington program is your opportunity to meet directly with Members of Congress, key congressional staff, federal regulators, fellow industry leaders, as well as MSC and ATA staff to discuss in person legislation and regulations affecting the moving industry.

Represent movers like you and register today!

Not a Member? Join today to attend. Become a member of ATA's Moving and Storage Conference and have the opportunity to attend this member only conference. [Learn more](#) and [become a member today](#).



ATA has named Ryan Bowley as Executive Director of the American Trucking Associations Moving & Storage Conference. Ryan joins the ATAMSC from SC Johnson where he was Manager of Government Relations. This coming October, the Moving & Storage Conference will be entering its third year of operations and is based out of Washington DC.

Please join us in welcoming Ryan to our moving family!

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NCMA Public Service Announcement

The NCMA has issued our first ever Public Service Announcement to warn the public about the pitfalls of using illegal movers. Feel free to show this to your customers or add it to your website!

The video is on the home page of our website. Commissioner Floyd McKissick, Jr. introduces the video. It is also available on YouTube: <https://www.youtube.com/watch?v=cLTPhWj9kz0>

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Thanks to all our Associate Members!



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2022 NCMA Calendar

September 14—NCMA Board of Directors

University Club, Raleigh, NC

October 13-15—66th Annual Convention and

Trade Show, Embassy Suites Concord NC

November 2-5—IAM Annual Meeting & Expo,

Atlanta, GA



The mission of the North Carolina Movers Association is to provide guidance to our members concerning rates, tariffs, rules and regulations as prescribed by the NC Utilities Commission. Most importantly we provide support for our members and sponsors so they can supply quality service to the moving and consuming public.