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Tar Heel Van

FIRST QUARTER 2024



SAVE THE DATE!

October 24-26, 2024 at the Aloft Wilmington at Coastline Center.

We're back on the Wilmington Riverwalk this year.

Planning has begun and packets will be out later on this spring!

Save the Date and hope to see you there!

NCMA Board of Directors

NCMA Board of Directors

President—David Rushing, All American Relocation, Charlotte

Vice-President—Kristie Allen, Two Men and A Truck, Fayetteville

Secretary/Treasurer—Paula West, Covan World-Wide Moving, Fayetteville

2024 Directors:

Chris Barringer, Barringer Moving & Storage, Newton

Cliff Crabtree, Crabtree Family Moving, Raleigh

Nick Fincher, Stewart Moving & Storage, Fayetteville

Shannon Strickland, Just Move It, Wilmington, NC

2025 Directors:

Maegan Allison, Miracle Movers of the Triad, Greensboro, nC

Dean Barrett, City Transfer & Storage, High Point

Thomas Kiser, Jr., Patterson Storage Warehouse, Fayetteville

Les Wilson, Two Men and a Truck, Durham, NC

2026 Directors:

Brock Abbey, *All My Sons, Charlotte, NC*

Lucky Anneheim, *Make a Move, Charlotte. NC*

Momo Martinez, *Acme Movers & Storage, Morehead city, NC*

Lisa Rivard, Gentle Giant Moving, Charlotte, NC

From the President

Hello and welcome to April, a month that marks the end of our mild winters, the excitement of College Basketball tournaments, and the onset of preparations for the upcoming peak season of household goods moving.

As the warmth of spring begins to melt away the thoughts of winter, we find ourselves gearing up for a busy time ahead. For those in the moving industry, this is a season of anticipation, meticulous planning, and the thrill of helping families transition to new beginnings.

In the bustling world of household goods moving, each day brings forth a new story—tales of adventure, challenge, and heartwarming moments that define the essence of our profession. From the joy of a family settling into their dream home to the bittersweet farewell as old memories are packed away, our journey as movers is intertwined with the lives of those we serve.

As we navigate through the peak season, let us take a

moment to reflect on the challenges and experiences that have shaped us. Perhaps it's the laughter shared over a light moment amidst the chaos of packing, or the sense of pride in delivering belongings safely across a highway. These are the moments that remind us why we do what we do—to make the daunting task of moving a little easier, a little brighter, for those who entrust us with their cherished possessions.

So here's to all the movers out there, the unsung heroes of relocation, whose dedication and hard work ensure that dreams find their way home.

Let's embrace the season ahead with enthusiasm, camaraderie, and a steadfast



David Rushing

NCMA President

Vice-President & General
Manager

All American Relocation

Charlotte, NC

drushing@aarelocation.com

704-927-0310

(Continued on page 6)

Gentle Giant of Charlotte Wins Best of the Best Award



Gentle Giant Moving Company of Charlotte recently won the Best of the Best Award for the Best Mover from Charlotte Magazine.

Bob Aase-Farnum serves as the Regional Manager for Gentle Giant's North and South Carolina offices, bringing over 21 years of experience since joining the company in 2002. Beginning as a mover in the Providence, RI office, Bob quickly advanced to become a driver and chief. In 2006, he transitioned to Charlotte to assist in launching Gentle Giant's operations there.

In Charlotte, Bob's responsibilities included standardizing operations, maintaining the company culture, recruiting and training staff, generating leads, managing relationships with realtors, estimating and booking work, and overseeing day-to-day operations to grow the region. In 2011, Bob was promoted to Regional Manager, and since then, he has led the expansion of the operation adding full moving authority in South Carolina in 2018. His leadership and dedication have been crucial to Gentle Giant's success in the Carolinas where Gentle Giant benefits from over 60% of all booked jobs being booked from word of mouth and repeat customers.



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commitment to excellence in every move we make.

We have had several things going on over the last few months and several things coming up. The NCMA Board of Directors is working hard on behalf of our members. Some of the activities are:

- Semi-annual meeting with Commission Staff and Public Staff on December 12
- Board meeting on January 24. Our next Board meeting is April 24 via Zoom.
- We held a GHC Information meeting on February 27 in Fayetteville that was very well attended.
- We have had three MRT Training Seminars this year. Next one is April 25 in Concord. Please sign your people up!
- Our annual convention trade show is October 24-26 at the Aloft Wilmington at Coastline Center. Please mark your calendars!

If there is anything the NCMA Board of Directors can assist you with in your business, please let us know. We are ready willing and able to serve our membership!

Wishing you all a successful and fulfilling peak season!

Warm regard,

David Rushing

As a proud agent for Mayflower Transit, All American Relocation is pleased to have won the 2024 Customer Excellence Award for both our Raleigh and Charlotte locations. Thank you to all of our clients for choosing us and recognizing our quality customer service!





Mike Mather, immediate Past President of the NC Movers received his plaque of appreciation from Paula West, NCMA Secretary/Treasurer. Mike was President of the NCMA 2021-2023. He is the owner of Mather Brothers Moving in Garner.



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CVSA's International Roadcheck Is Scheduled for May 14-16

FEBRUARY 12, 2024

The Commercial Vehicle Safety Alliance's (CVSA) International Roadcheck is scheduled for May 14-16. International Roadcheck is a high-visibility, high-volume commercial motor vehicle inspection and regulatory compliance enforcement initiative that takes place over three days in Canada, Mexico and the United States.

CVSA-certified law enforcement personnel will inspect commercial motor vehicles and drivers at weigh/inspection stations, temporary sites and mobile patrols to verify compliance with federal, state, provincial or territorial regulations. Data from the 72 hours of International Roadcheck will be collected and the results will be released this summer.

Each year, International Roadcheck places special emphasis on a category of violations. This year, International Roadcheck will have two **focus areas** – tractor protection systems and alcohol and controlled substance possession.

Controlled substance and alcohol possession/use remains a significant concern for motor carriers, drivers and the general public. The number of prohibited drivers listed in the **U.S. Drug and Alcohol Clearinghouse (DACH)** has been increasing. This alarming trend poses a threat to all motorists who travel on roadways throughout North America.

This year's International Roadcheck will serve as a reminder to motor carriers to establish and strictly enforce clear policies to prevent controlled substance and alcohol possession or use in the workplace. In addition, U.S. motor carriers should regularly query the DACH to ensure their drivers are not in prohibited status. Commercial motor vehicle drivers are reminded to adhere to their company's policies and to not possess, use or be under the influence of alcohol or controlled substances while on duty. Inspectors are reminded to be vigilant in the detection and interdiction of such driver violations during every inspection.

In addition, by focusing on the tractor protection systems, International Roadcheck aims to increase awareness for drivers, motor carriers, technicians and enforcement personnel of these critically important vehicle components; specifically, the tractor protection valve, trailer supply valve and anti-bleed back valve, which may be overlooked during trip and roadside inspections. To assist drivers and motor carriers in the proactive assessment and maintenance of those components, CVSA has provided an **inspection bulletin** outlining the steps on how to properly check tractor protection systems. The bulletin is also available in **French** and **Spanish**.

Over the three days of International Roadcheck, inspectors will conduct their routine **North American Standard Level I Inspection**, which is a thorough 37-step inspection procedure consisting of the examination of vehicle components and driver documentation and requirements.

During the **vehicle portion** of the Level I Inspection, inspectors will ensure the vehicle's brake systems, cargo securement, coupling devices, driveline/driveshaft components, driver's seat, fuel and exhaust systems, frames, lighting devices, steering mechanisms, suspensions, tires, wheels, rims, hubs, and windshield wipers are compliant with regulations. In addition, inspections of motorcoaches, passenger vans and other passen-

ger-carrying vehicles will also include the examination of emergency exits, seating, and electrical cables and systems in the engine and battery compartments.

A vehicle that successfully passes a Level I or V Inspection without any critical vehicle inspection item violations may receive a **CVSA decal**, which is valid for three months.

If out-of-service violations, as outlined in the **North American Standard Out-of-Service Criteria**, are found during an inspection, the vehicle will be restricted from operating until all out-of-service violations have been properly addressed.

During the **driver portion** of an inspection, inspectors will check the driver's operating credentials, hours-of-service documentation, DACH status (in the U.S.), seat belt usage, and for alcohol and/or drug impairment.

If an inspector identifies driver out-of-service violations, such as not possessing a valid or necessary operating license or exhibiting signs of impairment, the inspector will restrict that driver from operating their vehicle.

For International Roadcheck, in case of inclement weather or other limiting circumstances, instead of a Level I Inspection, a jurisdiction or an inspector may opt to conduct a Level II Walk-Around Driver/Vehicle Inspection or Level III Driver/Credential/Administrative Inspection, neither of which are eligible for a CVSA decal.

CVSA is a nonprofit organization comprised of local, state, provincial, territorial and federal commercial motor vehicle safety officials and industry representatives in Canada, Mexico and the US. The Alliance aims to prevent commercial motor vehicle crashes, injuries and fatalities and believes that collaboration between government and industry improves road safety and saves lives. Our mission is to improve commercial motor vehicle safety and enforcement by providing guidance, education and advocacy for enforcement and industry across North America.

Military Missions in Action

One of our members recommended this charitable organization based in Fuquay Varina. Watch the video to learn about the amazing work they do!

<https://youtu.be/nxPgNCTpLsg?si=1UC1uybtIz8Vrn7s>

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As we await the never ending saga of the GHC -Victory Packaging is here to help. We have both the military approved lift vans(in stock) ready for delivery. We also have storage containers available for extra needs. Contact Mike Bostwick at mbostwick@victorypackaging.com

MOVING & STORAGE

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Doing Good Rescues People

By Steve Gilliland

Several years ago, I was waiting in line to board my flight when a passenger who was preboarding, available to customers with disabilities who needed assistance boarding the aircraft or to stow an assistance device, knocked into me with her electric scooter. She never apologized or even acknowledged what she had done. Impulsively, I adversely judged her. Upon boarding my flight, I found myself sitting next to her. As I observed her behavior, I noticed she was flustered and struggling on her cell phone. As I saw her hands unsteady and visibly distraught, I introduced myself and asked her if I could help. She was upset because she had Multiple Sclerosis (MS) and was trying to text her daughter to let her know she was on the plane and worried that her scooter might not be being loaded underneath the plane. She asked if I would type the message, and I said, "Absolutely!" I asked her if it would be all right to let her daughter know I was sitting beside her and that we would wait on the jetway until they retrieved her scooter. Tears began to fill her eyes as she smiled at me and said, "Sir, you're too kind." I felt such compassion and guilt because I judged her that I started to cry.

We can't know what a person is experiencing or has experienced in life unless they tell us. We form all sorts of beliefs about people, whether this person is a good person or that person is a bad person, based on one or two interactions. As a speaker, I expect many people to judge me based on their interpretation of a single instance. And I would assume the same is true for you, regardless of the type of person you try to be. We form much of our emotional world through perceptions of people and circumstances, but these are not truths, only beliefs. It helps me find peace by reminding myself that I can't know what influences a person's actions without knowing their back story. On more than one occasion, my wife and I have speculated about what is happening in a seemingly disgruntled restaurant server's life. Doing this lets us step back from a situation compassionately and leave a suitable tip. Be gentle with people. Be patient. Try to be understanding. Everyone has a bad day. Remember, *doing good rescues people*.

Excerpt from ***It Is What You Make It: Overcoming The It Is What It Is Mindset*** (To Be Released May 2024)





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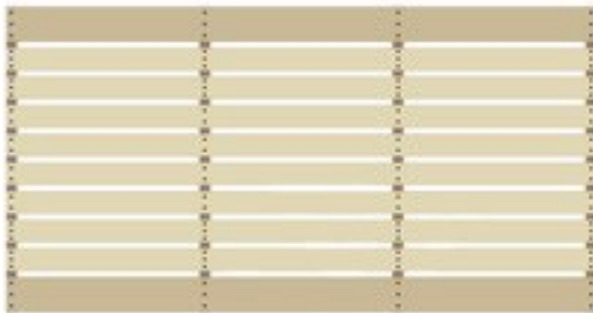
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Lora Dedmon Named Chair of NC Trucking Assn

Lora Dedmon of A V Dedmon Trucking in Shelby, a long-time member of the NC Movers Association has been named Chair of the NC Trucking Association.

Read all about her journey

<https://online.anyflip.com/ejlw/otij/mobile/index.html>

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Ellis at 6 1/2!

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2024 NCMA Calendar

April 24—NCMA Board of Directors via Zoom

April 25—MRT Seminar, Concord, NC

October 24-26—NCMA 69th Annual Convention
And Trade Show, ALoft Wilmington at
Coastline Center

Contact the Association Office for details



The mission of the North Carolina Movers Association is to provide guidance to our members concerning rates, tariffs, rules and regulations as prescribed by the NC Utilities Commission. Most importantly we provide support for our members and sponsors so they can supply quality service to the moving and consuming public.